



BREAD FOR LIFE

Dedicated to changing our world

DECEMBER 2003

A Note from Ernest Ehabe

"The single greatest obstacle to the impact of the Gospel has not been its inability to provide answers, but the failure on our part to live it out."

"Glory to God in the highest, and on earth peace, good will toward men."

Luke 2:14 KJV



Dear Friends:

As I sat and reflected on writing this Christmas letter to you, "peace" certainly seems very far away. Terrorism still stalks the globe, Mid-East violence continues full-force, many parts of Africa seethe with rebellion, and while fighting may have stopped in Liberia, the Democratic Republic of Congo, Central African Republic, Sierra Leone, Rwanda etc, tension and hatred remain. Yet the Saviour whose birth we are about to celebrate remains our only hope of peace on earth! In doing His work, we are truly messengers of His peace. And there is much to do!

Even as this joyful Christmas season approaches, I am haunted by images of destitution I see as I travel across our land. I know many families who will be grieving for those lost to AIDS and violence. For these and countless more, there will be no "peace" this Christmas.

It is easy to feel guilty about all this, but God does not want our guilt. He wants our action! In coming to earth, God set an example for us to bring His light and peace to the darkest corners of the world (Jn 3:16-21; LK 4:18,19).

Your prayers and gifts during this season will enable us conduct evangelistic crusades across the land---- taking the good news which alone is capable of bringing "peace which passes all understanding."

For a struggling farmer, your gift will mean peace of mind --the certainty that he can grow enough food to feed his family, then sell enough to buy medicine and other necessities. For a young man or woman who has been ostracized from his family on account of their faith, your gift will enable them return to school. For a mother dying of AIDS, your gift could bring the peace of knowing her children will not be alone. For a Pastor who labors tirelessly in the jungle without pay, your gift will provide clothes, a decent meal and tuition for his children.

It is an awesome thought ---- that God can use something as simple and as small as our donations to literally bring "peace on earth" to those who have never known it before. What a humbling opportunity!

As I count my blessings this Christmas, I thank God for you ---- our wonderful supporters. This privilege to serve is made possible by your generous support. May we always do it for the One who loved us so much, the One who came to earth to give us Bread for Life.

With gratitude,

Ernest Ehabe

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Steve Langton

BFL At crossroads: A note from BFL Chairman

We stand at a bit of a crossroads for this ministry. The bold vision begun three years ago with commitments to buy land and minister to Pygmy tribes is beginning to be

realized. I am so pleased with the way God has brought many people and groups together to participate in God's plan.

The board recently concluded a weekend of earnest planning work, resulting in a 5-year financial plan for the ministry. The effort showed us something significant. . .BFL will be moving much closer to self-sufficiency over the next two years. The donated printing press we are about to ship will not only provide low-cost tracts and books, but earn a profit commercially! The budget also provides for the conclusion of the land purchase in Yaounde, paving the way for a successful school and clinic in coming years.

Despite the heavy (for us) expense of starting a printing operation and slowly building a clinic and school, we haven't backed away from the ministries we provide. The budget includes funds to finish the mission house we are building in the Pygmy area, scholarships for Christian students, and no-interest seed money for Christian businesses. We are pleased to be providing a teacher, simple meals, and school supplies for the new school for Pygmy children.

Pleased as we are with what can be accomplished in coming years, we are challenged by immediate "mountains" to climb! In 2004, we will need almost three times our 2003 receipts to make the projects happen. If God provides it, funding needs will fall off thereafter. Please prayerfully consider what part you might play in this challenging move forward.

--Steve Langton,
Board Chairman, Bread For Life

Students: A disguised opportunity

Abraham Lincoln once said, "The philosophy of the classroom today will soon be the philosophy of the government and the nation tomorrow." The US' sixteenth President clearly observed a link between young minds and the direction of the nation. Many years later, Adolf Hitler agreed, saying, "Let me control the textbooks and the ideas postulated in the classroom, and I will control Germany."

Martin Luther said, "Schools rule the world." Social change in our world most often comes from the universities and like-minded institutions. "Profound social changes," Chuck Colson says (in *Against the Night*), "trace their origins not to sinister conspiracies but to the paneled libraries of genial philosophers or the study alcoves of the British Museum or the crowded cafes of our universities. Powerful movements are rooted in the realm of ideas."

Students present an incredible mission field. We have profiled a few of the students presently on our scholarship list to give you faces and to help you in praying for them. Many of them were won to Christ at young age. And quite a number of them got ostracized on account of their faith. The article: "Prioritizing the Young" also shows you the importance of why we do what we do and the eternal significance of our actions. We have also added pictures of other young students we are struggling to send through school. Many of these have become an integral part of our lives and this ministry. Because of a huge drop in donations and my inability to travel and raise support, we would like to appeal to our friends and churches to consider "adopting" each of these students. This will enable us continue to focus our energies and resources on evangelism and church planting.

A disguised opportunity?



Names: Glory Ebangon Ntah

Tribe: Konda, NW Province

DOB: 15 October 1980

Date of Conversion: 1990 or 91. She was very young, in primary school, and believed through a children's ministry in the Presbyterian church.

Church: Presbyterian Church

Ministry Involvement: Involved in Cameroon Youth for Jesus and Academy Campus Fellowship youth movements on and off campus

Family Background: Glory's father was a polygamist (he died last year) with 3 wives and 19 children. Her mother is a petty food trader with a low and irregular income. Her mother has 6 children, the last one adopted when one of Glory's stepmothers died, living the child helpless. Glory is the 4th child of her mother. None of her direct brothers or sisters has a stable occupation or income.

Situation during the past school year: After she graduated from high school, Glory was out of school for a year because she couldn't afford the tuition in a University. Last academic year, she enrolled in the University with the help of one of her brothers who was able to pay her tuition only, before losing the job he had at the time. No other support was provided and she couldn't afford to pay for a room near campus. A brother in the Lord persuaded another sister in the Lord to share her room. Glory has been living with her but the situation has sometimes been fraught with difficulty. This has had a negative effect on her school performance. Glory is hoping to have a room of her own this year, especially as her roommate only agreed to harbor her temporarily.

School: University of Yaounde II (Soa)

Major: Student in Economics. undergraduate, first year

Needs for the next school year (2003/2004):

• **Tuition:** 53,000frs

• **Housing:** 15000/month for 10 months = 150,000

• **Books:** 15000 or more

• **Food:** 10000/month for 10 months: 100,000

• **House equipment:** - bed, 30,000 FCFA; mattress, 30,000 FCFA; gas stove/bottle, 36000 FCFA; table and chair, 15000 FCFA

Total: 429,000FCFA or \$ 780 for academic year. This is a full scholarship. Glory's case is an exception because we are buying basic equipment for her room. These will revert to BFL as soon as she graduates.

Miscellaneous expenses: About 120,000 FCFA (almost \$200);

Grand Total (including miscellaneous expenses): \$980



Names: Rene Kenne Longkeng

Tribe: Bamileke, Western Province

Date of Birth: 20 February 1980

Date of Conversion: 1999

Church: Bethel Church

Family Background: Rene's father is a polygamist, with 2 wives. His mother died this year. She had 7 children, Rene being the last. Rene's family is steeped in

witchcraft, sorcery, divination, ancestral traditions (worship of the skulls of dead relatives which are exhumed some years after death and jealously preserved by the family). His older brother who brought him up is a practicing sorcerer. He became enraged when Rene came to the Lord in 1999. After trying beatings, threats, torture in the forest in the night, incantations and other things to get Rene to renounce his faith, he decided not to continue paying his tuition or taking care of other needs. Rene was in High school at the time and spent a year out of school, as there was no family member willing or able to pay his tuition. Rene finally fled his brother's house in 2001 and made his way to the capital city Yaounde, and eventually to Douala, the economic capital, hoping to find help. He found refuge in the home of Pastor Njoya in December 2001.

Situation last academic Year: Pastor Njoya and his family provided room and board for Rene, while BFL provided his tuition last academic year. Rene however didn't do well in school

last year, as he was under a lot of spiritual attack (not surprising, given his background). He'll have to repeat the school year. Rene will have to work hard to complete his high school education this year.

School: College la Conquete, Douala
Final year High School Student, he will enter the university next year.

Needs this School Year:

Tuition: 96,000

Uniform: 10,000

School books, bag, shoes etc: 40,000

Registration of final exam: 15000

Transportation: 7500/month for 10 months = 75000

Total: 236,000 or \$428 for academic year. Partial scholarship:

Miscellaneous expenses: About 120,000 FCFA (almost \$200)

Grand total, including miscellaneous expenses: \$628

Prioritizing the Young

“What we have heard and known, what our fathers have told us. We will not hide them from their children; we will tell the next generation the praiseworthy deeds of the LORD, his power, and the wonders he has done.” Ps 78:3-4

In Retro Future, (IVP) author Gerald Kelly explains that the future belongs to those who are presently young. “This is a truism to end all truisms. When we think about the future, we often fall into the trap of projecting our own experience forward and of assuming that the concerns of our own day

and generation will remain the concerns of tomorrow. The reality couldn’t be more different, and it is essential that our focus shift to those who will both shape and inherit tomorrow: the next generation.” He challenges the church to reevaluate, prioritizing the young in four ways:

- **Reevaluating our budgets**— *how much money is allocated that actually meets the needs of Gen X and Millennial generations.*
- **Reevaluating our strategies**— *how many of our strategic decisions are targeted towards*

these youth and include them in the process.

- **Reevaluating our use of time**— *how much of our time in terms of thinking, activity, study and work deals with the rising generation.*
- **Reevaluating our trust**— *when is the last time we took a risk and trusted a younger person to take on responsibility.*

Would you help us prioritize the young by investing in these lives?



- 1. Luther Achu**
Trusting God to attend Seminary in Nigeria in 2004
- 2. Isaac Bwang**
Secondary school Student
- 3. Elna Ebane Ntungwe**
University of Buea
- 4. Magnus Achu**
Hoping to continue studies
- 5. David Emeliu**
Bible school student
- 6. Danielle Kamdem Momo**
University of Buea



Agriculture, Evangelism and Rural Development

As we travel through the jungles and villages of Cameroon, God has continued to put compassion and a burden in our hearts for the rural communities and people, who are neglected on all fronts.

It is difficult, if not impossible, for our Western friends to understand the situation of those who have so little and who live in such poverty. The condition of life in many of the places our ministry works here may be summarized:

- Life is short;*
- disease is widespread;*
- poverty is general;*
- economy is subsistence;*
- opportunity is limited;*

We want to take the same strategy we have used among the Pygmies; to send evangelists and pastors with agricultural backgrounds to live and work among rural people; evangelizing them and



Elias & Beatrice Ngome

simultaneously helping them develop sustainable projects in Agriculture. Bringing new techniques and opening up better markets for their products in the cities.

Elias Ngome, joined our team in February 2003, serving as Director of Agriculture, Evangelism and Rural Development. He has an earned Masters Degree in Agricultural Engineering. Beatrice, his wife of about three weeks is also completing a degree in Animal Husbandry.

Elias inspecting newly cultivated land for tomatoes

The experimental tomato farm we started in Ntui, about 100 KM from Yaounde, has already proven successful, in spite of difficulties (transportation, lack of rain, etc). We invested \$500 and would soon realise the investment.

Main Objectives of our agricultural Projects:

- 1. Spiritual:** To have a spiritual impact in this area through personal relationships and evangelistic activities
- 2. Nutritional:** Ameliorate food supply to the population, increase food variety, and ensure a balanced diet
- 3. Socio-cultural:** To revitalise agricultural activities in this area. To create jobs opportunities among jobless brethren and others. To prevent rural exodus. To help bring modern agricultural techniques to the farmers.
- 4. Economic:** Help generate funds to meet ministry objectives

AIDS, Literature, and Evangelism

Literatures and tracts continue to be a vital part of this ministry. We are however impeded by limited funds for producing them. The AIDS pandemic has given us another cause to be a bit more creative. Our first tract on this subject in French: *Le SIDA: Cri D'Alarme! Que Faire Devant Ce Fleau?* has now been translated and printed in English with the title: *AIDS: A Cry of Despair, What can we do?* Although brief the tract is educational and clearly presents the message of salvation.

Our most recent publication is: "From Adolescence to Marriage: learning to make right choices in life." The French version has just come out of the press. Dr. Shu has in a readable style popularized Tim LaHaye's "four temperaments" while dealing with many decision and choices adolescents and even adults face.

Here are just two emails:

I READ THE INFOS. ON AIDS ENTITLED "A CRY OF DESPAIR WHAT CAN WE DO". AND WAS TOTALLY FREE, AFTER PRAYING, FROM MY SINS. ALTHOUGH I AM NOT AN INFECTED PERSON IT JUST HELPED ME TO SEE THAT I AM A SINNER. I WILL

LIKE, IF GOD WISHES, TO RECEIVE FOLLOW UP

LITERATURE TO HELP ME IN MY LIFE IN CHRIST. MY NAMES

ARE WILSON MBENG TAMBI EGBE . UNIVERSITY OF

YAOUNDE II, FACULTY OF LAW AND POLITICAL SCIENCE

Dear Dr. Shu

Thank you for your book "Adolescence to Marriage". I was privileged to have come across it. I pray that you will remain greatly blessed for touching the life of millions... I am 27 years old and an extrovert influential (Sanguine). Please, I need your advice on...

I pray that God will give to you the best advice to give to His daughter so that she will not live to regret in life.

Sis Blessed



Printing Press

It's all ready to go! Printing press, literature, medical equipment...

Lisa and I received almost \$6,400 in cash as gift for our wedding. This money is being used toward shipping medical equipment, books, a printing press and other donated stuff to Douala on December 5, 2003. We are grateful for your gifts and prayers. The Printing press will help in many fronts: Tracts, employment and to generate funds!

Community Outreaches:



Dr. Daniel Shu distributes gifts to children at an orphanage

Christmas always brings opportunities to demonstrate Christ's love in a different way. This year, we will be looking at ways of reaching out to our community, possibly, through Prison outreach. Below are pictures from a previous Christmas when we teamed up with staff of the US Embassy in Yaounde to take gifts to children of an orphanage in the city.



Father Christmas (Santa) comes to town

Progress report on Pygmy project:

The building process has started, foundation is complete. Bricks are still being molded for erection of walls. Available funds will take the building up to lintel level by end of January, God willing. These funds were provided by Earls Grove Baptist Church.

School for Pygmy Children:



Pygmy children in front of temporary school.

The primary school started last year continues with 37 kids in first and second grades. The children range in age from 4 to 15 and for the first time in their lives have an opportunity to get a basic education.

Motorcycle for outreach and Bush Taxi:



Patty Billings, a young lady from Wisconsin, visited our projects in Cameroon last year. Her church sent her with gift of \$1500 which BFL used to buy a motorcycle to ease the Pastor's travels in the forest. It also serves as a bush taxi to generate funds for the small church and school. Funds from this motorcycle were used to build the temporary structure that now houses the school. We are trusting God to provide two more motorcycles for this community outreach effort.

Samaritan Enterprise: Small Loan, Big Change!



"Mama Chick," Tabitha's store in Douala



Tabitha proudly shows off her store).

She began as a petty trader to subsidize her husband's income from his work at the Cameroon Rail Road, and to help feed a growing family of four. She sold peanuts and other farm products in small quantity, right in front of her home in Douala. Although she wanted to improve on their living condition so badly, that is all she could afford to do. Things began to change when Tabitha attended our "Vision" conference in Limbe in May of 1999 and heard our Board Chairman speak. She came out of it with an idea. Her business plan caught our attention. And an interest free loan was given her. Today, Tabitha Awara has more than two young girls working for her. Together with her husband, they also

pioneered a church plant in their home. Today, the church has over 500 members in Douala. They had to ask for a trained pastor to take over.

SAMARITAN ENTERPRISE MICROENTERPRISE ASSISTANCE PROGRAM (SEMAP)

SEMAP was founded as a ministry of Bread For Life to alleviate the circle of poverty. To help the poorest of the poor take their first step up out of a circle of poverty by providing them with seed capital and business training to help them start initiative to better their lives. From its inception, our desire has been to empower the most impoverished people realize their potential and strengthen their communities economically... following the mission of Bread For Life to help those it minister to in becoming spiritually, socially and economically vibrant.

Samaritan Enterprise Microenterprise Assistance Program (SEMAP) was designed to provide individuals and groups with an opportunity to receive assistance and acquire the skills necessary to operate, manage and grow their own small scale business. We envision doing this will reduce the circle of perpetual dependence on western benevolence and help the local economy and community.

Bonnie Cochran returns to Cameroon



Bonnie from Houston, TX joined us in February, serving as administrative assistant. She returned to the USA prematurely after a two-month stay to take care of a family emergency. We are grateful to God for bringing her back to us in October. She is gradually adjusting to her new environment and looking forward to returning to the USA in April. She covets your prayers, as she adjusts to a new culture and climate.

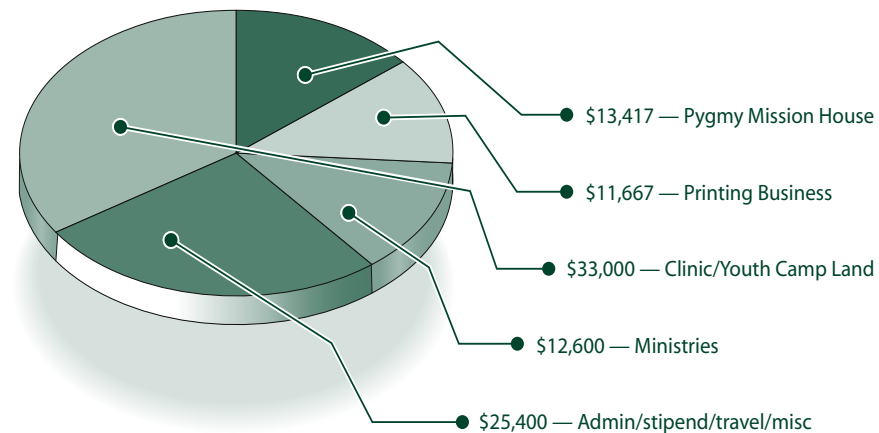
Travis Waldrop:



Travis with Pascal Nkah, one of our scholarship recipients.

Travis, one of our Boardmembers made his third visit to Cameroon in February to supervise the mission station building project among the Pygmies. He returned to the USA after two months of stay. Keep Travis in your prayers as he battles ill health.

BFL CAMEROON 2004 BUDGET



Total Ministries for 2004: \$96,084

Jake & Holly Schilinski Returning to Cameroon:



Jake and Holly will be returning to work with us in May 2004. This time, they come with two young children, Joshua two, and Seth, ten months. They had previously served here in Cameroon, helping a church plant in Limbe. This time, they will be stationed in Yaounde, helping with a new church plant and learning the French language to help them better serve the unreached Baka tribe in the future. Pray for them as they begin to raise personal support and funds to buy a Fourwheel vehicle.

Tombel Crusade:



Hypolite Kayenda shares at the Tombel Crusade)

We held our first crusade in Tombel in February, from 18 through 22. The response was great. We saw more than 100 respond to the altar call nightly. This crusade was made possible mainly by funds from Pastor Mike and Jeanine Wilson. We have continued follow up there since. Many of the fruits are abiding and now involved in local churches.

Pastors Conference:



Church leaders participate at the morning meetings, during first Tombel crusade.

We held a pastors and leaders conference in Tombel, as a follow up of the crusade, from April 16th thru 19th on the Theme: "Building according to pattern." (Hebrew 8:5b). Some of the topics were: "Building According to Pattern", "Developing Kingdom Mentality", "The Jerusalem Prototype", "The Antioch Prototype," Natural Church growth" "the Pastor and His family." etc, etc. Because of the response and the need, we are planning other conferences like this for pastors in other rural areas who have never had the privilege of receiving formal training.

Itinerating in the USA with Pastor Njoya:



Pastor Njoya with Director of CTEN and family, during a brief visit to the office in Kerrville.

I spent the month of August Itinerating with Pastor Alan Njoya. Pastor Njoya presently heads the work of Bethel Church

in Cameroon. We have worked closely with Bethel Church for a number of years. The Lord blessed the trip with about \$7,000 to go towards church plants in Kribi and Baffousam. These funds will provide for two pastors and their families, including renting a meeting place for about a year. We are grateful for all who gave and those who opened their homes for us to stay in.

Church plant in Yaounde:



April 2003: Preaching on the "importance of Vision" and 2010 vision in Yaounde.



Yaounde, April 2003; Teaching indigeneous church leaders on "Natural Church Growth."

As part of BFL's support to "Vision 2010", the vision to plant 100 indigenous churches within walking distance in Yaounde in the next 7 years, Pastor Felix Niba has asked us to help plant a church in a new part of Yaounde. Dr. Shu is putting a core team of believers to plant this church. Dr. Shu will serve as one of the founding Elders.

University of Yaounde II, Soa Outreach



With Christian Students at University of Yaounde II, SOA

We are a partnering with Covenant Baptist Church in Yaounde to reach students at the University of Yaounde II, SOA. Because of a recent government ban on religious activities on campus, there is a real need to plant churches near the university. Dr. Shu and I were at the University on June 8th to encourage a new fellowship of students there. I spoke that Sunday morning on "TIME." Two students gave their lives to the Lord. This work will be done under the Cameroon Baptist Convention.

Married! Finally... What next?



Ernest & Lisa in traditional regalia

Lisa and I were united before God in marriage on July 26th, 2003. It is a miracle how God brought the two of us together. The process was long, tedious, and required a lot of patience. We did a traditional marriage in

which Lisa was betrothed to me, then a court signing and finally a church wedding. We are grateful for the support we got from all our friends. We are presenting residing in Yaounde. Be praying for us, that we would be open and available for whatever the Lord has in store for us.

Pray for Bread For Life's Funding

Would you prayerfully consider supporting Bread For Life on a monthly basis? Or can you share with someone else who can? BFL has faced a number of challenges

during the last two years, mostly financial. With Ernest cutting down on travel and speaking engagements and the current economic slowdown, BFL has experienced a drastic reduction in funding levels while maintaining and in many areas increasing ministry commitments. Ernest will be traveling through the USA next summer (2004) in a bid to raise personal, staff and ministry support. He will be available to speak to groups and in Churches. Please email and let us know if you will like for him to come share in your area.

Dear Ernest,

I want to play a part in bringing lasting change in Africa through the impact of the gospel.

- I will give \$_____ monthly toward:
 - Staff support.
 - Students sponsorship.
 - Church plant.
 - Samaritan Enterprise.
 - Medical Clinic/land purchase in Yaounde.
 - Pygmy/unreached peoples' Outreach

Here is my onetime gift of \$_____ for _____

I will like to have Ernest come share at _____

I will be praying for Ernest and His team

My name is: _____

My address is _____

My E-mail is _____

WE Need Your E-mail Address

We are sending most of our newsletters through E-mail, to reduce the cost of printing. Please E-mail us your E-mail address so we can add you to our E-news list.

E-mail us at: ernestehabe@cs.com

www.breadforlife.org

About Bread For Life:

Bread For Life is a multi-faceted ministry. It was founded and exists for the sole purpose of working along side indigenous African efforts and helping them in becoming spiritually, socially and economically vibrant---pioneering ministries and churches where needed.

BFL also strives to serve the indigenous church and persons through relationships that build vision and provide resources for strategic impact in the city and among unreached peoples. Our ultimate goal being, to point all to the ONE who alone is able to give -BREAD FOR LIFE!

BFL has the following four objectives:

Evangelism: Clearly presenting the claims of Christ by various means

Discipleship: Working with the indigenous Church to plant churches in the city and among unreached peoples.

Leadership Development: Formal and informal training and facilitating relationships that build and provides for strategic impact nationally and regionally

Compassion: Going beyond ourselves by facilitating evangelism through community and economic development programs

Our Strategy

- Pinpoint needs
- Process Specialists
- Procure resources

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Commission
TO EVERY NATION



Bridging the gap • Changing mindsets • Transforming our culture. . . to the standard of Christ